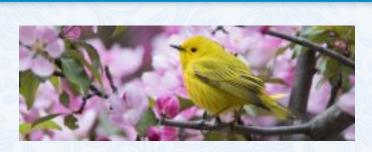


7311 E Oasis St • Mesa, AZ 85207 • (480) 948-0600



**Sending You a Springtime Smile!** The season is in full bloom, and so are our best wishes for all of our residents. Here's to a happy spring full of smiles, laughter and beautiful weather!

### **Remember When: Clotheslines**

Before many homes had clothes dryers, laundry often dried in the breeze on backyard clotheslines. After garments were washed, they were hauled in baskets to the line and hung with wooden clothespins to dry. Fresh air and sunshine created a distinctive scent that lingered on the clothes long after they were taken down. Clotheslines were also meeting spots for neighborhood women to chat, give advice and share news.

# **Reading Challenge: From Page** to Screen

Many popular movies and TV series were books first. Whether a classic or a newly released title, choose a book with a screen adaptation. Read the story first, then watch the film or show. Invite friends to join you in this challenge so you can discuss the differences between the book and the adaptation.

**Spread Some Spring** "A kind word is like a spring day." —Russian proverb

# April 2024



### Welcome to April

The world is remembering its roots this month as spring starts turning everything green! No matter how fickle the weather may be, we always anticipate the new beginnings this freshest of months brings. Of course, April is full of other celebrations, like April Fools' Day (1st), Earth Day (22nd) and even National Velociraptor Awareness Day (18th). However you choose to have fun this month, we hope you enjoy the brightening days!

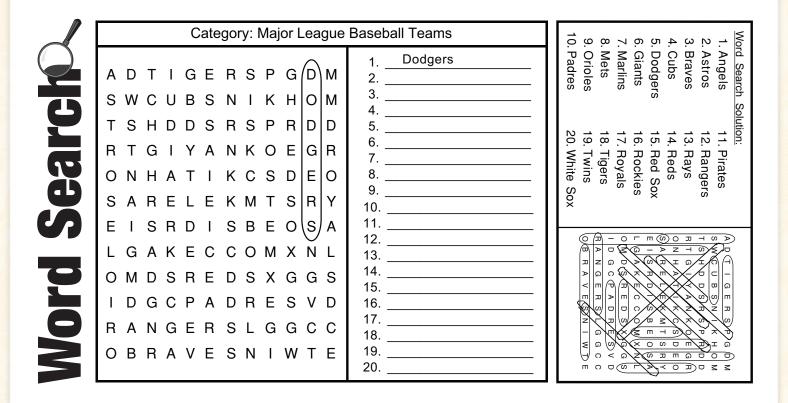
## Happy Birthday to Our Canyon Winds Residents

Ginny 4/3 Pat H. 4/4 Helen M. 4/13 Judy S. 4/18 Esther 4/20



| Canyon Withes<br>Retirement Commun   | April 2   | .024  |  |  | BINGO<br>LUNCH OUTINGS<br>SHOPPING<br>EXERCISE 9:00A<br>EXERCISE 8:45A   | BIBLE STUDY<br>M Sei ARTS & CRAFTS  |
|--|---|---|--|--|--|---|
| Sunday   | Monday  | Tuesday   | Wednesday  | Thursday   | Friday   | Saturday  |
| HELLO<br>APRIL   | APRIL FOOLS' DAY! 1   6:30 COFFEE BAR - DINING ROOM   9:30 EXERCISE - ACTIVITY ROOM   10:00 ARTS & CRAFTS - ACTIVITY   ROOM %   1:00 BRIDGE   1:00 MUSIC THERAPY with   HALLIE HARDY ♪   2:00 MOVIE - THEATER ROOM                          |   | NATIONAL WALKING DAY<br>6:30 COFFEE BAR - DINING ROOM<br>8:45 EXERCISE<br>10:00 CORN HOLE<br>1:00 BIBLE STUDY with | NATIONAL HUG A PERSON DAY! 4<br>6:30 COFFEE BAR - DINING ROOM<br>8:45 EXERCISE<br>10:00 CATHOLIC SERVICES - HOSTED<br>by THOM and CAROL with ALL<br>SAINTS CATHOLIC CHURCH<br>10:00 NONDENOMINATIONAL<br>SERVICE<br>1:00 SHOPPING @ WALMART  | DEEP DISH PIZZA DAY! 5<br>6:30 COFFEE BAR - DINING ROOM<br>9:30 EXERCISE - ACTIVITY<br>ROOM<br>10:00 CORN HOLE<br>1:00 MOVIE<br>2:30 HAPPY HOUR with LIVE<br>MUSIC by BILLY<br>FREDERICK                                 | 6<br>10:00 CARD GAMES<br>1:30 BINGO - ACTIVITY ROOM<br>1:30 MOVIE<br>2:30 MEXICAN TRAIN - ACTIVITY<br>ROOM<br>5:30 SATURDAY NIGHT AT<br>THE MOVIES  |
| CMT AWARDS 7<br>9:00 CARD GAMES<br>10:00 VIRTUAL CATHOLIC<br>SERVICES<br>1:00 BRIDGE<br>1:30 MOVIE - THEATER ROOM<br>2:00 MEXICAN TRAIN - ACTIVITY<br>ROOM<br>5:30 MOVIE                             | 8<br>6:30 COFFEE BAR - DINING ROOM<br>9:30 EXERCISE - ACTIVITY ROOM<br>10:00 ARTS & CRAFTS - ACTIVITY<br>ROOM<br>1:00 BRIDGE<br>1:00 MUSIC THERAPY with<br>HALLIE HARDY ♪<br>2:00 MOVIE - THEATER ROOM                                      | NATIONAL UNICORN DAY! 9<br>6:30 COFFEE BAR - DINING ROOM<br>8:45 EXERCISE<br>9:30 Wii BOWLING - THEATER ROOM<br>11:00 LUNCH @ MORENOS<br>(MEXICAN)<br>12:30 MEXICAN TRAIN or RUMMIKUB -<br>ACTIVITY ROOM<br>2:00 BINGO<br>3:00 BINGO SHOPPING | 6:30 COFFEE BAR - DINING ROOM<br>8:45 EXERCISE   | WORLD PARKINSON'S DAY 11<br>6:30 COFFEE BAR - DINING ROOM<br>8:45 EXERCISE<br>10:00 CATHOLIC SERVICES - HOSTED<br>by THOM and CAROL with ALL<br>SAINTS CATHOLIC CHURCH<br>10:00 NONDENOMINATIONAL SERVICE<br>1:00 SHOPPING @ MICHAELS<br>2:30 TRIVIA or GAMES  | NATIONAL GRILLED CHEESE DAY 12<br>6:30 COFFEE BAR - DINING ROOM<br>9:30 EXERCISE - ACTIVITY ROOM<br>10:00 CORN HOLE<br>1:00 MOVIE<br>2:00 BINGO<br>3:30 BINGO SHOPPING<br>4:00 DINNER ENTERTAINMENT -<br>ROLF WEST MUSIC | 13<br>10:00 CARD GAMES<br>1:30 BINGO - ACTIVITY ROOM<br>1:30 MOVIE<br>2:30 MEXICAN TRAIN - ACTIVITY<br>ROOM<br>5:30 SATURDAY NIGHT AT<br>THE MOVIES |
| 14<br>9:00 CARD GAMES<br>10:00 VIRTUAL CATHOLIC<br>SERVICES<br>1:00 BRIDGE<br>1:30 MOVIE - THEATER ROOM<br>2:00 MEXICAN TRAIN - ACTIVITY<br>ROOM<br>5:30 MOVIE                                       | TAX DAY (TAXES DUE)156:30 COFFEE BAR - DINING ROOM9:30 ■ EXERCISE - ACTIVITY ROOM10:00 ARTS & CRAFTS - ACTIVITY<br>ROOM %1:00 BRIDGE1:00 ■ MUSIC THERAPY with<br>HALLIE HARDY ♪2:00 ■ MOVIE - THEATER ROOM<br>2:30 RESIDENT COUNCIL MEETING | 16<br>6:30 COFFEE BAR - DINING ROOM<br>8:45 EXERCISE<br>9:30 WII BOWLING - THEATER ROOM<br>11:00 LUNCH @ ZUSHI<br>12:30 MEXICAN TRAIN or RUMMIKUB -<br>ACTIVITY ROOM<br>2:00 BINGO<br>3:00 BINGO SHOPPING                                     | 6:30 COFFEE BAR - DINING ROOM<br>8:45 EXERCISE   | HAPPY BIRTHDAY, JUDY S. 18<br>NATIONAL HIGH FIVE DAY<br>6:30 COFFEE BAR - DINING ROOM<br>8:45 EXERCISE<br>10:00 CATHOLIC SERVICES - HOSTED by<br>THOM and CAROL with ALL SAINTS<br>CATHOLIC CHURCH<br>10:00 NONDENOMINATIONAL SERVICE<br>1:00 SHOPPING @ TARGET<br>2:30 MIX & MINGLE - GET TO KNOW<br>YOUR NEIGHBOR: ACTIVITY ROOM | 19<br>6:30 COFFEE BAR - DINING ROOM<br>9:30 EXERCISE - ACTIVITY ROOM<br>10:00 CORN HOLE<br>1:00 FITNESS SCREENING HOSTED<br>by ALECA<br>1:00 MOVIE<br>2:30 HAPPY HOUR with LIVE<br>MUSIC by BILLY FREDERICK              | 20<br>10:00 CARD GAMES<br>1:30 BINGO - ACTIVITY ROOM<br>1:30 MOVIE<br>2:30 MEXICAN TRAIN - ACTIVITY<br>ROOM<br>5:30 SATURDAY NIGHT AT<br>THE MOVIES |
| 21<br>9:00 CARD GAMES<br>10:00 VIRTUAL CATHOLIC<br>SERVICES<br>1:00 BRIDGE<br>1:30 MOVIE - THEATER ROOM<br>2:00 MEXICAN TRAIN - ACTIVITY<br>ROOM<br>5:30 MOVIE                                       | PASSOVER STARTS AND EARTH 22   DAY 6:30 COFFEE BAR - DINING ROOM   9:30 EXERCISE - ACTIVITY ROOM   10:00 ARTS & CRAFTS - ACTIVITY ROOM %   1:00 BRIDGE 1:00 MOVIE   2:30 TRIVIA hosted by DALE   LIKENS♪                                    | 23<br>6:30 COFFEE BAR - DINING ROOM<br>8:45 EXERCISE<br>9:30 Wii BOWLING - THEATER ROOM<br>11:00 LUNCH @ DENNY'S<br>12:30 MEXICAN TRAIN or RUMMIKUB -<br>ACTIVITY ROOM<br>2:00 BINGO<br>3:00 BINGO SHOPPING                                   | 6:30 COFFEE BAR - DINING ROOM<br>8:45 EXERCISE   | NFL DRAFT STARTS & TAKE 25<br>CHILD TO WORK DAY<br>6:30 COFFEE BAR - DINING ROOM<br>8:45 EXERCISE<br>10:00 CATHOLIC SERVICES - HOSTED by<br>THOM and CAROL with ALL SAINTS<br>CATHOLIC CHURCH<br>10:00 NONDENOMINATIONAL SERVICE<br>1:00 SHOPPING @ ALBERTSONS<br>7:00 LADIES' GAME NIGHT - ACTIVITY<br>ROOM                       | ARBOR DAY 26<br>6:30 COFFEE BAR - DINING ROOM<br>9:30 EXERCISE - ACTIVITY ROOM<br>10:00 CORN HOLE<br>1:00 MOVIE<br>2:00 BINGO<br>3:30 BINGO SHOPPING<br>4:00 DINNER ENTERTAINMENT<br>LEE FORD, GUITAR &<br>VOCALS        | 27<br>10:00 CARD GAMES<br>1:30 BINGO - ACTIVITY ROOM<br>1:30 MOVIE<br>2:30 MEXICAN TRAIN - ACTIVITY<br>ROOM<br>5:30 SATURDAY NIGHT AT<br>THE MOVIES |
| WORLD DAY FOR SAFETY & 28<br>HEALTH AT WORK<br>9:00 CARD GAMES<br>10:00 VIRTUAL CATHOLIC SERVICES<br>1:00 BRIDGE<br>1:30 MOVIE - THEATER ROOM<br>2:00 MEXICAN TRAIN - ACTIVITY<br>ROOM<br>5:30 MOVIE | 29<br>6:30 COFFEE BAR - DINING ROOM<br>9:30 EXERCISE - ACTIVITY<br>ROOM<br>10:00 ARTS & CRAFTS - ACTIVITY<br>ROOM %<br>1:00 ARMCHAIR TRAVEL<br>1:00 BRIDGE<br>2:00 MOVIE - THEATER ROOM   | PASSOVER ENDS 30   6:30 COFFEE BAR - DINING ROOM   8:45 EXERCISE   9:30 Wii BOWLING - THEATER ROOM   11:00 LUNCH @ TOM'S BBQ   12:30 MEXICAN TRAIN or RUMMIKUB - ACTIVITY ROOM   2:00 BINGO   3:00 BINGO SHOPPING                             | APRIL<br>FOOLS'<br>DAY!  | TAX DAY  | Parkinson's<br>Awareness<br>Month  | DO MORE<br>DO MORE<br>MAKES<br>Jon<br>HAPPY<br>*  |

# HAPPY EARTH DAY APRIL 22



Illustratus